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● I declare that all authors approve the final version of the manuscript.

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Registration in a public trials registry is a condition for publication of clinical trials in this journal in accordance with International Committee of Medical Journal Editors (ICMJE) recommendations. Trials must register at or before the onset of patient enrolment. The clinical trial registration number should be included at the end of the abstract of the article. A clinical trial is defined as any research study that prospectively assigns human participants or groups of humans to one or more health-related interventions to evaluate the effects of health outcomes. Health-related interventions include any intervention used to modify a biomedical or health-related
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Options for formatting the statement are suggested here:

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   c) Clinical Case Studies/Case Reports;
   d) Images in Endocrinology;
   e) Editorials, which are written at the invitation of the Editor and consist of commentary on articles published in the journal or on subjects of particular relevance;
   f) Letters to the Editor, which consist of concise opinions on recently published articles;
   g) Current Perspective
   h) Guidelines. Please ensure that you select the appropriate article type from the list of options when making your submission.
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  At the end of the abstract, a maximum of six keywords must be included, using the terminology appearing in "Medical Subject Headings (MeSH)".

- **Structured Abstract**
  A structured abstract, by means of appropriate headings, should provide the context or background for the research and should state its purpose, basic procedures (selection of study subjects or laboratory animals, observational and analytical methods), main findings (giving specific effect sizes and their statistical significance, if possible), and principal conclusions. It should emphasize new and important aspects of the study or observations. The Introduction, Methods, Results and Conclusions will be followed.

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Original articles should not exceed 4 000 words, excluding up to 6 tables or figures and up to 60 references. Structured abstract up to 350 words.

Article structure

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State the objectives of the work and provide an adequate background, avoiding a detailed literature survey or a summary of the results.

Material and methods
Provide sufficient detail to allow the work to be reproduced. Methods already published should be indicated by a reference: only relevant modifications should be described.

Results
Results should be clear and concise.

Discussion
This should explore the significance of the results of the work, not repeat them. A combined Results and Discussion section is often appropriate. Avoid extensive citations and discussion of published literature.

Conclusions
The main conclusions of the study may be presented in a short Conclusions section, which may stand alone or form a subsection of a Discussion or Results and Discussion section.

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Systematic Reviews can be presented in the Introduction, Methods, Results, Discussion format. The subject must be clearly defined. The objective of a systematic review should be to produce an evidence-based conclusion. The Methods should give a clear indication of the literature search strategy, data extraction, grading of evidence and analysis. We strongly encourage authors to comply with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines.
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- The mechanism by which the statement was generated,
- A review of the evidence for the statement (if available),
The statement on practice itself.

To minimize confusion and to enhance transparency, such statements should begin with the following bulleted phrases, followed by brief comments addressing each phrase:

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- How does this statement differ from existing guidelines?
- Why does this statement differ from existing guidelines?

Guidelines should not exceed 4,000 words, excluding up to 6 tables or figures and up to 100 references. Abstract up to 350 words.

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References

● Citation in text

Please ensure that every reference cited in the text is also present in the reference list (and vice versa). The references should be listed using Arabic numerals in the order in which they are cited in the text.

References to personal communications and unpublished data should be made directly in the text and should not be numbered. Citation of a reference as 'in press' implies that the item has been accepted for publication. Journal names should be abbreviated according to Medline style.

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List all authors if there are six or fewer; et al. should be added if there are more than six authors. Article title, journal name, year, volume, and pages.

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Examples:

Reference to a journal publication:


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Note shortened form for last page number. e.g., 51–9, and that for more than 6 authors the first 6 should be listed followed by 'et al.' For further details you are referred to 'Uniform Requirements for Manuscripts submitted to Biomedical Journals'.

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Footnotes should be avoided. When essential, they should be numbered consecutively and appear at the foot of the appropriate page.

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Collate acknowledgements in a separate section at the end of the article before the references and do not, therefore, include them on the title page, as a footnote to the title or otherwise. List here those individuals who provided help during the research (e.g., providing language help, writing assistance or proof reading the article, etc.).

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TIFF (or JPEG): Bitmapped (pure black & white pixels) line drawings, keep to a minimum of 1000 dpi.
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• Submit graphics that are disproportionately large for the content.
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Please submit tables as editable text and not as images. Tables can be placed either next to the relevant text in the article, or on separate page(s) at the end. Number tables consecutively in accordance with their appearance in the text and place any table notes below the table body. Be sparing in the use of tables and ensure that the data presented in them do not duplicate results described elsewhere in the article. Please avoid using vertical rules.

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The following list will be useful during the final checking of an article prior to sending it to the journal for review.

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• All tables (including title, description, footnotes)
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• References are in the correct format for this journal
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